JOHN CAMPIONE, DC, CSCS

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Dr. Campione is a graduate of the National University of Health Sciences receiving his Doctorate in April 2010 and received a Bachelor of Science degree in Exercise Physiology from the West Virginia University. He holds post-graduate certifications in acupuncture, strength and conditioning with the National Strength

and Conditioning Association, corrective exercise with the National Academy of Sports Medicine, Functional Movement Systems, Rock Tape, and World Kettlebell Club.

Dr. Campione is a former collegiate baseball player. He has seven years' experience as a personal trainer and strength coach and teaches Anatomy and Physiology at College of DuPage and Waubonsee Community College. He is a frequent contributor to the <u>World Kettlebell Clubblog</u>.