

JD HASENBANK, DC, CCSP

West Seminar

January 27-28, 2018



Dr. Hasenbank's goal in life is to help others move better and hurt less. He has a passion for empowering patients to be in control of their body by utilizing self-assessment and self-directed therapy. He teaches them how to reset their tight muscles, release their myofascial adhesions and reprogram their poor posture, habits and movement patterns.

He graduated from Texas Chiropractic College and is a Certified Chiropractic Sports Physician and Functional Movement Specialist. He is trained in Strength & Conditioning, Corrective Exercise, Active Release, Assisted Isolated Stretching, Instrument Assisted Soft Tissue Mobilization, Dry Needling, Electro-Acupuncture, Cranio-Sacral Therapy, Spinal and Extremity Manipulation.

He has been in private practice for 16 years and worked with athletes in the NFL, NBA, MLB, PGA, NCAA & Olympics. He has also been able to care for some of Nashville's top musicians and performers.