

ASHLEY STILTNER, DC

TCA Spring Seminar

April 1-2, 2017



Dr. Ashley Owens Stiltner completed her undergraduate studies at a small college in Eastern Kentucky called Alice Lloyd College. She then went on to receive her Doctor of Chiropractic degree from Sherman College of Chiropractic in Spartanburg, SC in 2009. After moving to Bristol, TN she began a full-time practice as an associate doctor. She currently serves as Assistant Professor of Biology and Athletic Training at King University, where she has taught since 2011. Dr. Stiltner teaches courses including Human and Mammalian Physiology, Exercise Physiology, Kinesiology, and Human and Vertebrate Comparative Anatomy. She is currently researching the link between ankle sprains and proprioception in college athletes. Her hobbies include health and wellness coaching, reading, and spending time with her husband, Andrew and their miniature schnauzer, Dexter.